



Quality of Life Journals for pets

Mobility

- 0 – Not mobile without assistance, medications do not help
- 1 - Poorly mobile, difficulty getting up, hard to position to eliminate
- 2 – Fair mobility, gets up with a little difficulty, stiff and/or a little weak
- 3 – Good mobility

Nutrition

- 0 – Not eating, nausea/vomiting
- 1 – Hand feeding, needs enticing
- 2 – Picky, intermittent appetite
- 3 – Good appetite

Elimination

- 0– None
- 1 - Diarrhea/constipation/abnormal urination
- 2- Occasional diarrhea/constipation/abnormal urination
- 3 – Normal elimination

Activity/Interaction/Happiness

- 0 – Hiding/Shying away from interaction
- 1 – No interaction with family or pets
- 2 – Some interaction/joy with family or pets
- 3 – Normal/active/joy with family or pets

Hydration

- 0 – Requires IV fluids
- 1 – Requires SQ fluids
- 2 – Drinking too little/too much water
- 3 – Normal water intake

Pain/Respiration

- 0 – Constant Pain/Increased respiration
- 1 –Daily bouts of pain/increased respiration
- 2 – Occasional pain/increased respiration
- 3 – No pain/increased respiration

Hygiene

- 0 – Self-soiling/incontinence or pressure sores
- 1 – Unkempt/superficial skin lesions, itchy
- 2 – Some incontinence/mild hygiene problems
- 3 – No incontinence/ normal cleanliness

SCORES

18-21: Most likely your pet has an acceptable quality of life, monitor closely and report changes

13-17: Please report these changes/ finding to Stone Ridge VMC as soon as possible for guidance

<12: Concern for poor quality of life and suffering, Contact Stone Ridge VMC for immediate guidance